Menudo for the Spirit

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Modern Mujeres Profesionales

Who are we?
Modern Mujeres Profesionales

We represent various intersectional identities & experiences...
Patriarchy & Institutional Racism

- Negotiating identities
- “Doing Woman’s Work”
- Sense of Responsibility ... but no one else is doing it
- Other challenges?
What/Who feeds your spirit?
What’s in your menudo?
Authors of our own her-story
I Am From...

I am from the Borderlands of Racism and Sexism

From “But you’re not REALLY Mexican” and “We’re so lucky to have a professor who’s nice to look at”

I am from the hood of squawking ghetto birds, of liquor and obesity on every corner, and the smell of fresh tortillas in the morning

I am from the nopal, the one on my forehead and the one in my dish

I’m from sneaking out to Tijuana on Saturdays and better get your ass to 8:30 mass on Sundays

From “This is David’s daughter” and “Your mom is so proud of you”

I’m from my father’s Vietnam inflicted PTSD and my mother’s internalized emotional suffering

From my grandmother’s legendary culinary skills and her “vaya con dios mija”

I’m from catechism classes on weekends (cause my mom said-so) and still doing the sign of the cross at take off (even though I haven’t been to church in years)

I’m from too many tamales at Christmas and not enough menudo on New Year’s Day

I’m from generations of Spanish conquest, of Californios and Yaquis, of Mexicanas, Chicanas, and Chingonas

I am the new generation of activist scholars who carries the responsibility of lifting others, of empowering communities, and of telling our story
I Am From...

I am from ______________________________
(specific ordinary item)

From ________________________ and ______________________
(product name) (product name)

I am from the ______________________________
(home description)

_________________ , ____________________
(adjective) (adjective) (sensory detail)

I am from ______________________________

_________________ , ______________________
(plant, flower, natural item) (description of above item)

I'm from ________________________ and ______________________
(family tradition) (family trait)

From ________________________ and ______________________
(name of family member) (another family name)

I'm from the ________________________ and ______________________
(description of family tendency) (another one)

From ________________________ and ______________________
(something you were told as a child) (another)

I'm from ________________________ , ______________________
(representation of religion or lack of) (further description)

I'm from ________________________
(place of birth and family ancestry)

(a food item that represents your family) (another one)

From the ______________________________ (specific family story about a specific person and detail)