

Assigned Session	Workshop Titles	Presenter(s)	Workshop Description	Target Group	Room
MORNING SESSION 7:30AM -8:30AM	Morning Exercise	Colleen Triesch, Retired LBCC Aerobics, Dance and Swim Instructor	Wake up with morning cardio and stretch session to serve the heart, mind and body and release the stresses each of us holds. Your energy lies in what you do to feed yourself with exercise, food and relaxation! Give back to yourself! Recommendation: Yoga Mat or Towel for light stretching.	Professionals/ Staff	O'Neill Room 1
WORKSHOP SESSION I 10:10AM -11:00AM	Sex & La Virgen de Guadalupe	Felicitas Nunez, Community Activist, Courageous Resistance Environmental Committee	Unfolding the codices within the image of the Virgen - What did the indigenous populations of Mexico and beyond see in the image of La Virgen that propelled them to turn to christianity by the millions? A point-by-point examination of indigenous codices will be examined as well as the virile meaning of the term "virge." This presentation will be explained from an indigenous perspective that reaffirms the sacred feminine re-emerging individually and collectively during the new cycle of time which the Mayans and most ancient people predicted. Our modern patriarchal societies on a global scale lack and or undermine the strength of our natural feminine force. The knowledge that this presentation proposes to teach is, understanding the roots of our feminine sexuality as divine, sacred and scientifically linked to our natural Inar cycle and world today.	Professionals/ Staff	Chapman Room
WORKSHOP SESSION I 10:10AM -11:00AM	The Social Injustice of Immigration- Torn Apart by Deportation: The Silent Struggles	Monica Molina- Padilla, Associate Professor, Chaffey College	Possessing Hope and Resiliency is key for undocumented students seeking to complete their college aspirations. Monica will share her emotional turmoil due to deportation which has brought student after student to enter her office and reveal their situation. Many of these students were holding on to a desire, a hope and a dream. Those three things can produce a life-changing journey that has transformed into becoming leaders. There is a call for undocumented students to seek others in the same situation so as to create networks supporting their persistence and success of those with similar struggles.	Students	Talbert Room
WORKSHOP SESSION I 10:10AM -11:00AM	Latina Mentorship & Networking – Tips and Strategies	Dr. Linda I. De Long, Senior Adjunct Professor and Corporate HR Professio+C:Gnal, Citrus Community College	During this workshop, several key tips and pointers will be provided, both from the mentor and mentee's perspectives. First, the workshop will highlight key mentoring approaches, leveraging a model designed and used by the presenter called "GROWTH". Additionally, this workshop will offer key tips to make the mentor and mentee relationship a powerful outcome. Questions about what and why we need to mentor will be discussed as well as some key tips and strategies. Finally, the workshop will close with a discussion about why networking and ways to embrace networking will be vital to all Latina leaders.	Students	Bastanchury Room

<p>WORKSHOP SESSION I 10:10AM -11:00AM</p>	<p>Latina Leadership Institute: Part 1</p>	<p>Moderator: Dr. Martha Garcia; Presenter: Dr. Marissa Vasquez- Urias</p>	<p>Menudo for Spirit Part I: This workshop of the Leadership Institute offers valuable insight into the complex lives of today's Latina community college professionals. Modern <i>Mujeres Profesionales</i> represent a wide variety of experiences not akin to those of the past. <i>Mujeres</i> married and single-parents, first-generation college graduates are increasing their representation in community college professions with purposes that are deeper than advancement and opportunity. However, the challenges for these <i>Mujeres Profesionales</i> are that they are underrepresented within executive leadership positions in higher education, and more so, the representation of Latina women executives at either community colleges or four-year universities is dismal. Of those Latina executives, most serve at community colleges instead of four-year universities. Moreover, work-life balance must be a part of the dialogue. A discussion regarding the emotional, physical and mental charged life of the Latina community college professional, where family, language, culture, and community intercept to expose the pride and privilege that cannot be taken for granted. Despite the challenges, we have <i>Esperanza</i> and will continue to grow our representation as Latina community college professionals.</p>	<p>Professionals</p>	<p>O'Neill Room 1 & 2</p>
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WORKSHOP SESSION 2 11:10AM -12:00PM	Cosechando Latina Faculty at Los Rios Community College District	Dr. Victoria Rosario, District Director, Human Resources & Support Programs and Ana Andrade, FDIP Intern, Los Rios Community College District	Empowering aspiring faculty members with mentorship, training, and exposure to the college classroom—that is what the Los Rios Faculty Diversity Internship Program (FDIP) is all about. With a focus on the value and strength of our diverse backgrounds, this program aims to impact equity in our hiring practices and increase the diversity of our classroom faculty. Listen to the testimonios of a current Latina FDIP intern and a newly hired Latina faculty member. They will share their journey in higher education and how FDIP has motivated and empowered them to climb the echelons of higher education.	Professionals/ Staff	Bastanchury Room
WORKSHOP SESSION 2 11:10AM -12:00PM	Beyond DACA: Identifying Academic and Professional Opportunities for Undocumented Students	Casey McCullough, LLN Assistant at Cuesta College & Estella Vasquez, LLN President of Cuesta College Chapter	Participants will gain knowledge on California resources that don't rely on DACA for all students, regardless of immigration status, to access academic and professional opportunities. These resources, ranging from California state laws, National Student Exchange programs, and Educators for Fair Consideration (E4FC)'s Immigrants Rising, will empower students to achieve their academic, career, and entrepreneurship goals, as well as advice faculty, staff, and administrators on the opportunities available for their students. Given the unclear futures of DACA recipients and other immigrants eligible for the federal Dream Act, it is important that comprehensive and clear opportunities for undocumented students are established.	Students	Talbert Room
WORKSHOP SESSION 2 11:10AM -12:00PM	Own Your Words, The Path Productivity and Satisfaction	Rebeca Rangel M.A., Adjunct Sociology Instructor, Madera and Clovis Community Colleges	We will focus on two life skills, that can strengthen your internal fortitude, in order to be more effective and satisfied with your studies and your life. These are; self talk and self care, a brief history of how they operate and how to make them work for you. This is an interact workshop, come prepared to participate.	Students	Chapman Room
WORKSHOP SESSION 2 11:10AM -12:00PM	Latina Leadership Institute: Part 2	Moderator: Dr. Martha Garcia; Presenter: Dr. Marissa Vasquez-Urias	Menudo for Spirit Part II: This workshop of the Leadership Institute offers valuable insight into the complex lives of today's Latina community college professionals. Modern <i>Mujeres Profesionales</i> represent a wide variety of experiences not akin to those of the past. <i>Mujeres</i> married and single-parents, first-generation college graduates are increasing their representation in community college professions with purposes that are deeper than advancement and opportunity. However, the challenges for these <i>Mujeres Profesionales</i> are that they are underrepresented within executive leadership positions in higher education, and more so, the representation of Latina women executives at either community colleges or four-year universities is dismal. Of those Latina executives, most serve at community colleges instead of four-year universities. Moreover, work-life balance must be a part of the dialogue. A discussion regarding the emotional, physical and mental charged life of the Latina community college professional, where family, language, culture, and community intercept to expose the pride and privilege that cannot be taken for granted. Despite the challenges, we have <i>Esperanza</i> and will continue to grow our representation as Latina community college professionals.	Professionals	O'Neill Room 1 & 2

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WORKSHOP SESSION 3 1:00PM -1:50PM	Networking with a purpose!	Laura Torres, Career Manager, Blue Star Families / National University	I conduct small workshops to share tips, ideas and resources to encourage networking for ultimate career success. Now in days, 65% of jobs in the real world are gain by networking, referrals and/or knowing key individuals within an organization. In order to accomplish maximum results and be career ready, we need to learn networking techniques early in your career.	Students	Bastanchury Room
WORKSHOP SESSION 3 1:00PM -1:50PM	Implementing Trauma - Informed Care into Organizational Culture & Practice	Dolores Cornejo, FYSI Program Coordinator, Fullerton College	This workshop will provide tools for anyone that has daily interactions with students from diverse sectors including but not limited to health, mental health, AOD, community, legal, justice, domestic and family violence, child protection, emergency, disability, housing, settlement, and/or employment services. This workshop will highlight strategies for implementing trauma-informed practices into in Student Services Programs for student success.	Professionals/ Staff	Chapman Room
WORKSHOP SESSION 3 1:00PM -1:50PM	Si Se Puede: From Farm Worker to Doctoral Candidate	Dr.Senorina S. Saldivar, CalWORKs Counselor, College of the Desert	A young woman's story of her journey to Higher Education. She was the first in her family to graduate from college. She will share the obstacles she faced during her educational journey. Obstacles such as low self-esteem, machismo, second language learner, stereotypes, etc. Come and learn how she overcame her obstacles to become the person and professional she is today.	Students	Talbert Room
WORKSHOP SESSION 3 1:00PM -1:50PM	Latina Leadership Institute: Part 3	Moderator: Dr. Martha Garcia; Presenters: Dr. Angelica Garcia and Dr. Elaine Lipiz- Gonzalez	Latina College Administrators: Triumphs and Challenges, <i>Mi Legado</i> - This workshop of the Leadership Institute encourages and promotes the development and advancement of <i>Mujeres Latinas in Community College</i> administration. You will have the opportunity to hear about the stories of two <i>Mujeres</i> and their <i>Legado</i> : Dr. Angelica Garcia, Vice President of Student Services at Skyline Community College and Dr. Elaine Lipiz-Gonzalez, Dean, Student Support Services at Fullerton Community College.	Professionals	O'Neill Room 1 & 2

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WORKSHOP SESSION 4 2:00PM -2:50PM	Overcoming Barriers to Education	Lily E. Ploski, Ed.D., College Instructor, Mills College	Learn about the 5 sources of power that can help you achieve personal and professional success in the field of education.	Students	Chapman Room
WORKSHOP SESSION 4 2:00PM -2:50PM	Four Generations: Passing the Light	Luz Navarrette, Counselor Emeritus, Santa Rosa Junior College; Lucelina Estrella García Navarrette, Santa Rosa Junior College Student; Rosario Franco, former Santa Rosa Junior College ESL Student	This workshop focuses on the power of story. Hear from a family of four generations of strong women (all of whom studied at Santa Rosa Junior College) as they express life experiences that relate to the power of voice, faith, transformation, and interconnectedness. Each of the presenters will share personal experiences on their journey: surviving challenges, connecting with support systems, practicing spirituality, and accepting a life of transformation and renewal. Participants in this workshop will have the opportunity to relate, reflect, connect, and spark their light.	Professionals/ Staff	Talbert Room
WORKSHOP SESSION 4 2:00PM -2:50PM	Cultural Resilience: Finding Brilliance in Latina Administrative Leaders	Dr. JuanCarlos Arauz, Executive Director of E3: Education, Excellence & Equity, Dr. Jackie Reza, De Anza College, and Alexandra Escobar, School Administration and Supervision Doctoral Student, Berwyn North School District 98	"Cultural Resiliency" is what we call the competencies (inner strengths) acquired through diverse life experiences that often come from a difficult environment. We propose that these lived experiences develop skills/competencies that have enabled people to survive these hardships or struggles. In addition, Latino/a students are the largest student population in California but are not represented in the front of the classroom. In this session we explore how Latina educators describe their personal, social and professional identities as it relates to Cultural Resilience, make meaning of these identities and how it informs their approach to leadership.	Professionals/ Staff	Bastanchury Room
WORKSHOP SESSION 4 2:00PM -2:50PM	Latina Leadership Institute: Part 4	Moderator: Dr. Martha Garcia; Presenters: Glenda Moscoso and Bianca Bisi	Latina College Faculty Leaders: Triumphs and Challenges, <i>Mi Legado</i> - This workshop of the Leadership Institute encourages and promotes the development and advancement of <i>Mujeres Latinas in Community College</i> faculty leadership. You will have the opportunity to hear about the stories of two <i>Mujeres</i> and their <i>Legado</i> : Bianca Bisi, Student Equity Coordinator at Imperial Valley College and Glenda Moscoso, Interim Student Services Division Chair at Cuesta College.	Professionals	O'Neill Room 1 & 2

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REGION MEETING NORTH 4:00PM -5:00PM	Northern Region Meeting: Region 1,2,3	Carla Rosas	<p>The goal of attending the Region Meeting:</p> <ol style="list-style-type: none"> 1. Find out more information on LLN Election and discuss the roles and responsibilities of the Executive Board. 2. To introduce yourselves and set-up a networking system between conference participants. 3. Share information on events and news from your regional areas. 	Professionals/ Staff	Bastanchury Room
REGION MEETING CENTRAL 4:00PM -5:00PM	Central Region Meeting: Region 4,5,6	Dr. Ana Gomez de Torres		Professionals/ Staff	Talbert Room
REGION MEETING SOUTH 4:00PM -5:00PM	Southern Region Meeting: Region 7,8,9,10	Michelle Garcia		Professionals/ Staff	O'Neill Room 1 & 2